

PLEDGE

I pledge to responsibly commit my time and talent to ensure that the nation is empowered to achieve the following goals by 2025:

- **Every American child is ready for college, work and life.**
- **Every American has access to jobs with a living wage and good benefits.**
- **Every American lives in safe, decent, affordable and energy efficient housing on fair terms.**
- **Every American has access to quality and affordable health care solutions.**



Urban League of
Greater Chattanooga, Inc.

730 M.L. King Blvd
Chattanooga, TN 37403

www.ulchatt.net

FITNESS & WELLNESS MEMBERSHIP

Top reasons to join inside >>>



I am

EMPOWERED

URBAN LEAGUE OF GREATER CHATTANOOGA, INC.

"Our fitness and wellness membership gives women the training, information, tools and resources they need to be healthier. Education is a vital part of this program... being healthy starts first on the inside."

Warren E. Logan, Jr.
President & CEO

Fitness & Wellness Membership: \$50

- Membership Renewal Advantage
- Urban League's I Am Empowered Welcome Package
- Sisters Together: Move More, Eat Better Fitness Program & Breakout Classes
- No cost to attend Gourmet Cooking and Nutrition Classes (fees charged to non-members)
- Urban League Healthy Recipes Booklet
- An invitation to the Leadership Symposium Event hosted by Urban League's Young Professionals
- To network with business professionals and industry experts
- Quick access to job opportunities
- Exclusive volunteer and subcommittee opportunities
- Certificate of Accomplishment
- Urban League newsletter, updates and events



FITNESS & WELLNESS MEMBERSHIP APPLICATION

(please print)

Name _____

Address _____

City _____ State _____ Zip code _____

PhoneCell _____

Email _____

Please provide your Facebook/Twitter account: (please print)

How did you hear about the Sisters Together Fitness Program:
___ Radio ___ Friend ___ Internet ___ Instructor ___ News ___ Other

Would you like to receive information on other programs sponsored by Urban League? ___ Yes ___ No

If yes, please check all that apply:

___ Job Fair/Workforce Development

___ Subcommittee/Volunteer

___ Health Screening/Healthcare

___ Home Buyer Training

___ Tax Assistance (V.I.T.A.)

Are you a new member? ___ Yes ___ No

The best way for us to send you Urban League updates:
___ Voicemail ___ Text ___ Email ___ Facebook ___ Twitter
___ Yes, I have read terms listed below and would like to sign up for a 1-year Fitness & Wellness Membership-Cost: \$50

Enrollment Date: ____/____/____

Terms: Memberships are non-transferable/non-refundable. Urban League reserves the right to make revisions to membership benefits and fitness program. Program content and/or dates are subject to change without notice. A \$35 fee will apply to all checks returned due to insufficient funds.

Make check or money order payable to:

Urban League of Greater Chattanooga

(please do not send cash).

Mail completed form with payment to:

Urban League of Greater Chattanooga

Attn: Membership Dept.

730 M.L. King Blvd., Chattanooga, TN 37403

P: 423 756 1762

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(Please cut here and mail to the Membership Department at The Urban League of Greater Chattanooga.)